

Providing the perfect balance of fun, passion and precision



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Annual General Meeting Report 2019

Officer	Regional Chairman
Prepared By:	Ben Murphy

Chairman's Report

Highlights

At the last AGM we proposed the change of organisation type for London Gymnastics (previously unidentified) to Company Ltd by Guarantee.

Like opening Pandora's box, you learn quickly the related professional standards required, but as I said when I first took this role it's was my aim to leave the organisation in a better position than when I started.

Of course it's all the administrative stuff that no one cares for, it's not improving Gymnastics or results - but the bigger picture is that without a secure and well run business, none of these things would be possible in the future. Clubs know only too well the stresses and strains placed on them by endless regulations, and our organisation has the same pressures

What I can tell you is that we are now a lead region by a long chalk. Many others look to us to lead the direction of how a successful Region should be set up and administered. For that I am extremely proud of the dedication should by not only the Management committee, but also the many related modernisation efforts our Technical and event committees have had to step up to.

A few highlights: Affiliation

We reviewed the affiliation system and costs in relation to our budget and looked for a fairer system that is based on the spaces a clubs has to offer rather than the number of gymnasts who pass through their books. So a new banding system was introduced, offering in most cases a cost reduction for clubs and a fairer spread across the size of our clubs.

Finances

It remains a challenge to shape the complex nature of our many different financial streams into a coherent, transparent and compliant fashion. 10 technical committee accounts, Management, investment, current and savings. But we are finally on our way by linking all accounts to our master account

We have introduced state of the art accounting software used across all functions of our organisation. Xero software means we can get live bank feeds, correct and compliant reconciliation, real time reporting and manage our HMRC liabilities.

We on boarded a new external accounting firm to support our incorporation and related liabilities. They will also support with bookkeeping over the next 12 months to ensure we are in good shape.

Finally we have become a cashless organisation which removes risk from cash handling, and using Square Payment software means we can get detailed reports on our income. It has also made a big difference to parents where card payment wasn't previously available at some venues.

Lega

We now have support in place to help us with all legal matters, and have implemented a conflict of interest policy for all Committee Members to ensure we are transparent in the way we conduct business and vote on decisions.

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HR

We have a new HR consultant to help us with related tasks, and in particular more recently advised on the contract and terms for individuals we pay for the services they provide the organisation.

At the May meeting of the Management Meeting, existing members were satisfied that we had made significant headway in our progress as a company limited by guarantee, and so Directors signed up to now formulate and run as a Board of Directors on behalf of London Gymnastics.

Health & Safety

We now have a Health & Safety expert providing guidance on our obligations in this space. William understands the sport and is renowned for his industry expertise.

We have identified a roadmap to improve our Health & Safety provision, and we will be implementing a Health & Safety policy and training during the second half of 2019. It's essential that as is "practicably possible", that we work with our venues and third parties to provide a safe environment for our events to take place.

Back to gymnastics...!

Plattern Scholarship

Grants awarded in 2018 totalled 174 which was made up of 122 coaching grants, 48 judging grants and 4 grants to welfare officers. A total investment of £13,550.00

So far in 2019 we have awarded a total of 106 grants to 57 coaches, 45 judges and 6 welfare officers to date the investment stands at £5,854.00

Club Grants - 2018

Last year we announced the 17 winning clubs at the AGM and asked them for reports about how the grant had helped their club. These reports will be available on the website after this years AGM.

Great performances across all disciplines. Rhythmic

65 qualified gymnasts for NDP Finals (in comparison to 44 in 2018)

Gymnasts from London Region represent 45% of the total qualified gymnasts for NDP Finals.

22 qualified gymnasts for British Championship (in comparison to 16 in 2018).

Gymnasts from London Region represent 43% of the total qualified gymnasts for British Championship.

GfA

Numbers of entries increased, and judges supported with new judging reference guides

Men's Artistic

London Team placed 4th at National Finals (5th last year), and with London team placing in the medals across 4 grade age groups.

Acro

222 gymnasts entered the 2018 Regional Championships and National Prelims.

26 gold medal partnerships progressed to the National NDP finals

London partnerships had great success at the NDP finals coming away with 11 gold, 7 silver, and 2 bronze medals, and the National Team Trophy!

Inter-Regional Championships, in 13 different categories and came away with 4 gold, 4 silver and 2 bronze medals 9 partnerships competed in The British Tournament winning 4 gold, 1 silver and 1 bronze medal.

These results demonstrate the depth and breadth of talent in the region 5 partnerships competed in the World Age Group and World Acro Championships, and came away with 2 gold and 1 bronze medal.

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Trampoline

The first year LG funded the coaching team to attend the NDP Regional Team Finals

The first year LG held a squad session for the NDP Regional Team Finals gymnasts + LG's largest ever entry

Two NDP upskilling days for new clubs, coaches and judges = more judges + clubs choosing the BG NDP pathway

All levels of judge courses held in London: club, county, regional and DMT - first time for a few years A record number of clubs entering the BG Spring Series (highest level of competition)

A record number of clubs entering the EG Championship Series

Tumbling

London Tumblers managed to qualify for British Championships Record number of entries into the Regional Championships and higher standard. Introduction of Regional Training sessions and really high demand. Even more clubs are entering Regional Championships

Women's Artistic

Continued success internationally & nationally for our London gymnasts

Introduction of the new Women's programme has been received very positively. The spring programme has grown by 20% attracting a few new clubs.

Introduction of the execution certificates for individual competition have gone down very well

Major Events London Festival

The London festival of Gymnastics continues to be a great success with the committee continuing to increase participation. The Gala Evening performances this year were enhanced by speciality acts.

Men's London Open

The London Open changed it's format to run over one weekend, attracting increased numbers and managing to ensure the event remains financially viable.

In 2019 we will introduce an Under 12 section of the London Men's Open for the first time, and remove the Elite Grade competition. My sincere thanks to Catherine Bates and the army of volunteers from Catleaps.

Clubs

We welcomed 13 new clubs to our affiliation in 2018/19, and now have 110 clubs affiliated offering 22,726 gymnast spaces.

Special Thanks

Finally, we couldn't run this great Region without the army of volunteers. I must say a big thank you to the Management Committee (now Board of Directors) who have dedicated so much time and expertise to drive forward our modernisation programme. However it's the TC Chairs, their Committee members, Officials and other helpers who really deliver the competition programme, and Regional Training on the ground. You often receive little thanks, and step forwards to make a difference for others. Make sure all members take the time to respect and thank our volunteers for the work they do on your behalf.

Finally without the dedication of our Gymnasts, their parents and coaches we wouldn't have a programme to run - so an extended thanks for dedicating your time to our great sport.

Concerns

Medical Cover

We have concerns with lack of clarity from British Gymnastics or our obligations for medical care at events. It's essential we get the correct advice and put in place necessary requirements. We continue to push for this, and may in the end be that we have to choose our own direction. That may come at a cost somewhere along the line, but it's essential that should something go wrong, that we have the right cover at hand.

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GfA

As I write this report, we do not have a Chair standing for GfA. This is a big concern for me. Anita Merrick stands down having managed a fantastic transition, which has seen the programme continue to grow. I was present at a number of meetings when Anita took over, and witnessed the consultation with clubs to build a programme they

wanted. The introduction of Level 1 and 2 in a new shorter format, and the split of events North and South were fundamentally great ideas.

However, with this growth we have created problems. I don't see the clubs pulling in the same direction, to offer support to the Committee or one and other. In some cases (albeit limited to a few) I see constant moaning, complaints, and a general lack of support. But my view has always been Put up or shut up!

Imagine how much easier the programme would be to run if every club helped out in some way. Imagine if clubs treated the competition as a progression, and fun environment than simply winning at all costs! We need to rebalance what is going on in GfA, else it is in danger of imploding. It's your programme – you need to help drive the change.

What concerns me is that the ability to win a pin, or a medal at all costs has become more important than solid judging, based on clear black and white criteria that gives gymnasts the score they deserve. There should be no flex – rules are rules, you win and lose by them (that's how our sport works). Gymnastics for All does not equal winning for all! Coaches have a responsibility to manage expectation of their gymnasts and parents.

So the Board of Directors, will work closely with those who want to be involved – we have some issues to resolve which are not insurmountable. There are too many clubs to please everyone, but when the programme is published – rules are there to be adhered to.

Looking Forwards

I won't lie, the last 12 months since incorporating has seen a strain on our time – but I can see the light. We are putting systems in place, which should mean the engine runs smoothly. In remainder of my term in office, I would really like to get back to technical matters affecting gymnasts, coaches, judges and clubs.

I am delighted we will be rolling out new coach education clinics, and access to online coaching aides for all.

Our moto going forwards will be to "Control the controllable". Where we as a set of Committee's can make a difference, because if it is in our hands we will.

Best wishes

Ben Murphy

Chairman, London Gymnastics

2018 LONDON GYMNASTICS 10 month Accounts to 31/10/18

INCOME			
Advertising Revenue	205		
Affiliation Fees	58,625.00		
Comp. Entry	1,643.66		
Interest Inc	51.88		
Merchandise	76.18		
TOTAL INCOME	60,601.72		
EXPENSES			
Administrator	1,520.68		
Clothing	1,290.00		
Club Award	16,000.00		
Coach Ed Account	10,000.00		
conference	6,880.99		
Honorarium	14,250.00	31/12/2017 Balance	
JTC/Management	5,123.53	Current	
Office Expenses	327.09	Savings	14564.36
Pay Pal	131	TOTAL Bank Accounts	93,934.45
Publications	62.35	OVERALL TOTAL	108,498.81
services	600	_	
Taxes	1,425.23	31/10/2018 Balance	
Venue Hire	1,677.00	Current	7,426.33
TOTAL EXPENSES	59,287.87	Savings	102,386.33
		TOTAL Bank Accounts	109,812.66
OVERALL TOTAL	1,313.85	Income/Expenditure	1,313.85
		assets	2,304.00
		Investment Accounts	101,079.20
		OVERALL TOTAL	213,195.86

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Annual General Meeting Report 2019

Event	London Festival of Gymnastics
Prepared By:	Claire Nichols

Highlights for previous year

- 55 teams took part in the London Festival in 2019
- Ages of gymnasts ranged from 4 years to an admitted over 35 years young.
- Over 1,500 gymnasts participated at the London Festival of Gymnastics
- Estimated well over 2000 spectators over the 5 performance sessions.
- The continued commitment from the committee and volunteers to provide excellent events.

Concerns

- Looking at options for photography and DVD, due to unreliability issues of current supplier
- Looking to use other external suppliers in order to keep costs down whilst maintaining a high level of professionalism.
- Maintaining the high level of professionalism and 'individualism' at the London Festival of Gymnastics
- Keeping the spectator numbers up year on year.
- Maintaining the interest in the festival with the increasing number of regional, national and international events of a similar nature.
- The continued use of the on-line registration for the festival, which does not suit all of our current needs.
- Festival using card machines for tickets when Wi-Fi connection is poor in the centre. The Centre has promised access to their private Wi-Fi connection that will hopefully resolve the problem.
- Keeping the gala night different from other days by including external and different acts to keep it interesting

Looking Forwards:

- Looking for more and different ways to get volunteers to help on the day
- Working with BG to look at more efficient ways to use the on line registration system to work with our current registration process
- The continued involvement of the dedicated team of volunteers
- The continued use of Brentwood for the next few years.
- Working with lighting and sound technicians more closely to get some fresh ideas.

London Festival of Gymnastics

10 month accounts from 01 01 2018 to 31 10 2018

Income

Club registration fees	£42,976.37
Sponsorship	£2,700.00
Disco tickets	£1,495.00
Programme sales	£231.00
Merchandise	£464.47
Ticket sales	£24,932.24
Commission	£60.00

Ticket sales 2017 £10,000.00 Late payment

Total Income £82,859.08

Expenditure

Donation to Dako Flying Angels	£100.00
Venue Hire -Brentwood	£31,224.53
Catering	£891.32
Equipment	£5,000.00
Audio Visual	£4,560.00
Printing	£1,032.96
Acts	£2,364.00
Transport	£339.00
Medical cover	£700.00
Accommodation Holiday Inn	£1,870.00
T-shirts and medals	£8,222.47
Wrist bands	£97.74
Merchandise	£620.96
Costumes	£544.38

Total Expenditure £57,567.36

Profit/Loss £25,291.72

Balance brought at 01 01 2018	£42,961.64
Profit	£25,291.72
Balance at 01 11 2018	£68.253.36

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Annual General Meeting Report 2019

Officer	London Regional Welfare Officer
Prepared By:	Chris Cason

Highlights for previous year

- British Gymnastics are investing in Welfare Officers and hosting conferences cross region.
 They have increased the number of staff and restructured the office and personnel.
 Hopefully this will continue to grow in strength and benefit London.
- London. Gymnastics continues to support all Club Welfare Officers and offers grants via the Platen scholarship to assist in funding from training and revalidating training for the role.

Concerns

• Getting the message out to all clubs that London is here to support clubs and to get more Welfare Officers trained. More Welfare officer means more work sharing for the volunteers.

Looking Forwards:

- Promoting the Welfare Officer Seminars
- Building the relationship with Welfare officers and with the help of BG in supporting the Officers in their role.
- Maintaining good working relationships with club welfare officers.

London Men's Open & Development Open 2018 End of Year Accounts - 1st Jan '18 - 31st Oct '18



Starting balance HSBC: £ 171.50

Starting balance Halifax: £ 6,535.71

Balance as at 1st Jan 2018 £ 6,707.21

Total Income vs Expenditure



Expenditure & Income 1st Jan 2018 - 31st October 2018

Expenses

Actual £ 39,268.96

Income

Actual £ 45,304.28

Expenses by category

	Actual
Totals	£ 39,268.96
Accommodation	£ 4,848.50
Medals	£ 1,125.69
Venue Hire	£ 10,650.00
Catering	£ 2,731.10
Transportation	£ 1,044.37
Expenses - Judges	£ 1,918.46
Printing	£ 811.00
Equipment Hire	£ 5,026.00
Scoring & AV Hire	£ 3,017.82
Refund	£ 720.00
Prize Money	£ 2,100.00
Announcer	£ 722.40
Expenses - Other	£ 693.22
Paid Manpower	£ 1,460.40
Charitable Donation	£ 2,400.00

Income by category

	Actual
Totals	£ 45,304.28
Sponsorship	£ 5,752.87
Entry Fees	£ 24,297.60
Ticket Sales	£ 13,031.81
INT - Travel & Accom	£ 680.00
Banking charges / Comp	£ 150.01
Charitable Donation	£ 571.99
Refund	£ 820.00